

One Day Cancer Workshop 2009

Sunday 28th February 2010

Registration 9.30 for 10.00 ending approx 4.45pm

Guardian Medical Centre, Guardian Street Warrington WA5 1UD

Speaker: Michael Mahoney

Working with Cancer Patients and the Benefits and uses of Hypnotherapy

The day will consist of:

- 1) An Introduction to the disease
- 2) Treatment options
- 3) Hypnotherapy and some uses in this area.

This Workshop looks at: What cancer is, causes of cancer, benign and malignant tumours, metastasis, staging and tumour classifications, treatments, the cancer journey, surgery, radiotherapy what it is and its side effects, chemotherapy, other treatment options, mitigation of causes, patient experience, survivorship, end of life issues. We take a look at the immune system, recognising spirituality, and psychological impact, understanding bad news and its impact, lifestyle factors, integrating complementary therapy & clinical governance (basics contract with patients), basic terminology and more including Hypnotherapy scripts for relaxation, anticipatory nausea, pre / post surgery, pain control, emotional recovery, and end of life.

Attendees should leave this workshop with a better understanding of cancer and its impact on the patient and their loved ones, and some of the benefits and uses of hypnotherapy in this area. This will be a full and busy day; ideal to help those considering entering this rewarding field.

This workshop is designed for Lay Hypnotherapists in Practice.

Michael Mahoney is a Clinical Hypnotherapist being in professional practice since 1986. Widely known for his work in the gastroenterology field he also has extensive experience in the field of working with cancer patients, with particular interest in breast cancer and emotional recovery. He has research and patient piloting experience working with breast cancer patients. He is the author of the widely acclaimed CD 'An aid to Emotional Recovery after Breast Cancer' for which he received an Innovation and Research Award in 2005. This CD is used or recommended as an additional treatment option in over 110 NHS Hospitals, with information included in discharge packs from many breast cancer departments. Michael received his certificate in working with people with cancer from National Cancer 'Czar' Professor Mike Richards in 2005 accredited by the University of West England.

Michael holds membership of several primary care societies, his services are used by GP's / NHS & Private Hospital Consultants throughout the North West of England, and beyond. He has Medical Research Project Experience funded and audited by the Medical Profession. He is a trained Trainer of NHS HoNoS. He presents to Medical Forums on both Hypnosis and Stress Management which have been PGEA (GP Training) Accredited. He also has experience presenting to medical forums on the uses of hypnotherapy with IBS patients. He has worked as a consultant at a local hospital working alongside psychiatrists and other medical professionals. He also holds membership of several international education and research groups.

Michaels' Practice -TimeLine Services: Are the administrators of the IBS Register & are established service providers to Regional NHS Occupational Health Departments, Corporate Organisations and local government. Providing care services to the carers such as Counselling, Hypnotherapy, Stress Management Workshops, outplacement services and more.

The cost for the day is £155.00. This includes coffee on arrival, buffet lunch, afternoon tea, and plenty of handout information, including scripts to take home with you.

This is a new workshop. If you have been to one of Michaels workshops you will know he is generous with his knowledge and shares his experiences willingly, in addition to his individual style of ensuring attendees get lots from the day, which can be used in practice immediately.

**If you would like to join us please complete the form below and send it with your payment. Registration is at 9.30am for a 10.00am start and finishing at approx. 4.45pm.
Just one extra client easily pays for this workshop.**

Workshop Attendance Form

Complete the form below to book for the Workshop on Sunday 28th February 2010

The cost of the day is £155. Just one extra client easily pays for this workshop, making it self financing!

I should like to reserve..... Place(s) for Working with cancer patients and the benefits and uses of Hypnotherapy at Guardian Medical Centre on Sunday 28th February 2010

Travel information & places to stay are attached.

Cheques payable to Michael Mahoney and sent to Michael Mahoney, Guardian Medical Centre, Guardian Street, Warrington, Cheshire WA5 1UD

Date:

Name (capitals please)Telephone:

Email Address:

Address:

.....Post Code:

I understand, in the remote possibility of the Workshop being cancelled, I will receive a full refund of all course fees. Cancellation by me within 1 month of the workshop will incur an administration fee equal to half the full course fee. Cancellation by me within 2 weeks of Workshop date no refund will be issued. I also confirm that I am a practicing Hypnotherapist. I agree not to use the information, processes or notes and information gained or received at the workshop for my own workshops without express written permission from Michael Mahoney.

The Guardian Medical Centre has lots of free parking.

Travel & Accommodation ~ Warrington has two Railway Stations, there are:

Warrington Bank Quay Railway Station is 10 minutes walk away.

Turn left out of the station. Walk up to the traffic lights. Go straight over the lights with Aldi on your left and the town park on your right.

Walk up to the next lights. Turn left. Cross the road at the crossing (opposite the tile shop) and head left over the bridge. As you come over the bridge, you will see Guardian Medical Centre over to the right. At the base of the bridge, turn right into Guardian Street and into the medical centre grounds.

Warrington Central Railway Station is 15 minutes walk

Outside the railway station cross the road and bear right. Walk to the traffic lights about 300 yards and turn left at the lights. Walk to the next set of traffic lights and go straight over. Walk under the railway bridge and keep going. Walk over the next railway bridge and you will see Guardian Medical Centre over to the right. At the base of the bridge, turn right into Guardian Street and into the medical centre grounds.

Sat Nav: Guardian Medical Centre post code is: WA5 1UD

Places to stay:

Travel Lodge

The nearest is Kendrick Street / Legh Street Warrington This is just 2 minutes walk from the medical Centre.

Village Hotel Warrington

Approx 10 minute drive from the Medical Centre.